

## What's the impact of mental illnesses & addictions?

**Mental illnesses and addictions are common** to all countries and cause immense suffering. People with these disorders are often subjected to social isolation, poor quality of life and increased mortality. These disorders are the cause of staggering economic and social costs.

Treatment success rates for such disorders as schizophrenia (60%), depression (80+%) and panic disorder (70-90%) surpass those of other medical conditions, such as heart disease (45-50%) and other chronic illnesses.

Severe mental illness is highly correlated with alcohol and other drug dependence and abuse. In 2010, among **adults with severe mental illnesses, 31% were dependent on or abused alcohol or other drugs.**

People with co-occurring disorders:

- are **20x more likely to be hospitalized** and use emergency services;
- show an average of **34.5% increased rate for homelessness**; and
- **die an average of almost 31 years earlier** than the general population

Major depressive disorder is the leading cause of disability in the US for ages 15-44

**7 out of 10 cases of child abuse or neglect are exacerbated by a parent's abuse of alcohol or other drugs**

**Children whose parents abuse drugs and alcohol are almost 3x more likely to be abused and 4x more likely to be neglected** than are children whose parents are not substance abusers

**Suicide is the 11th leading cause of death in the US and the 10th in Florida**; Suicide is the number one cause of death for young people with schizophrenia



**1 in 17 Americans suffer from a serious mental illness.** Mental illnesses are second only to heart disease in causing premature death and disability.

**Meridian's Mission:** To promote recovery by offering solutions to those facing mental illnesses, addictions and other social challenges

**Meridian's Vision:** Choice, Hope and Recovery are within everyone's reach

Meridian's service area in North Central Florida covers a geographic area of almost 7,500 square miles that is largely rural and sparsely populated, serving the following 11 counties: Alachua, Bradford, Columbia, Dixie, Gilchrist, Hamilton, Lafayette, Levy, Putnam (acute care services only), Suwannee and Union.

Meridian does not discriminate on the basis of race, color, religion, national origin, sex, age or disability in service delivery in connection with any programs or activities in accordance with 45 CFR 80, 83, 84, 90 and 91, Title VI of the Civil Rights Act of 1964, and the Florida Civil Rights Act of 1992.



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# Mental Illnesses & Addictions Facts Everyone Should Know

*Choice, hope and recovery are within everyone's reach.*



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## By the numbers how many people are really affected

**450 million** - people worldwide affected by mental, neurological or behavioral problems at any given time

**23.5 Million** - Americans age 12 and older who needed treatment for an alcohol or drug problem in 2009

**20 Million** - Americans suffer from depression, more than coronary heart disease (17 million), cancer (12 million) and HIV/AIDS (1 million)

**5.7 million** - American adults age 18 and older affected by Bipolar disorder in a given year

**2.4 million** - American adults age 18 and older have a schizophrenic disorder in a given year

**7.7 million** - American adults age 18 and older have Post Traumatic Stress Disorder (PTSD)

**25%** - patients visiting a physical health provider has at least one mental health, neurological, or behavioral disorder

**45%** - people with any mental illness who meet criteria for two or more disorders

**27.3 million** - American adults reported receiving mental health treatment in the past year. Women represented more than 2/3 of users of mental health services. Nearly 16.5 million women and 6.8 million men used prescription medication for treatment of a mental or emotional condition.

**49.2%** - people with co-occurring mental health and substance abuse disorders that receive no treatment

**19%** - Vietnam veterans who experienced PTSD at some point after the war



**588,000** - approximate number of children who reside in some form of foster care

**10%** - American children and adolescents suffer from a mental illness severe enough to cause some level of impairment

**80%** - children in foster care have developmental, emotional or behavioral problems

**66% of boys, 75% of girls** - in juvenile detention facilities have a psychiatric disorder

**19 million** - American children exposed to family alcoholism or alcohol abuse

**33,000** - lives lost to suicide in America in 2006, 2,410 were in Florida

**60 seconds** - time until the next suicide attempt is made in America, a person dies by suicide every 16 minutes

**90%** - people who die by suicide who have a diagnosable psychiatric disorder at the time of their death

**15%** - Americans who will suffer from clinical depression at some time in their lifetime, 30% of all clinically depressed patients attempt suicide, half of them ultimately die by suicide

## Dollars and Sense the financial impact of mental illnesses and addictions

**\$317,600,000,000**

Not including costs of incarceration, homelessness co-morbidity or mortality, the **annual economic burden of mental illnesses** is estimated to be **\$317.6 billion** (\$193.2B in lost earnings, \$100.1B in healthcare, \$24.3B in disability benefits)

About **3 million people** in this country suffer from **schizophrenia**, costing the nation an estimated **\$48 billion** annually



The **economic burden of depression** in America is estimated to be between **\$30 and \$40 billion**. Lost productivity costs exceed the direct cost of care and treatment by 6-7 times that amount.

The **poor health** and **premature deaths** of people who lack health insurance coverage cost the nation between **\$65 billion and \$130 billion annually**

American employees used about **8.8 million sick days** in 2001 due to untreated or mistreated depression

The **cost-benefit ratio for substance abuse treatment is 7:1**. One dollar invested in treatment for alcohol and other drug problems saves taxpayers **\$7.14** in future costs.

## Service Cuts are not acceptable

**Cuts to funding and services affect everyone**, not just those in treatment. You can support the health and wellness of our community... and it's easy. It only takes a moment to connect with us. Like us on Facebook, follow us on Twitter and visit our website.

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The most cost-effective strategy for averting the burden of psychosis and severe affective disorders is a combined intervention of first generation anti-psychotics or mood stabilizing drugs combined with psychosocial treatment delivered via a community based outpatient service model  
- World Health Organization